



Psalms

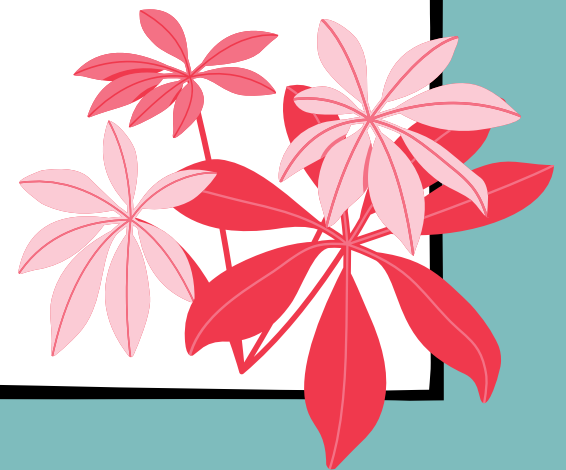
Zion Bishan BP Church
Children's Ministry

Family Activity Resource



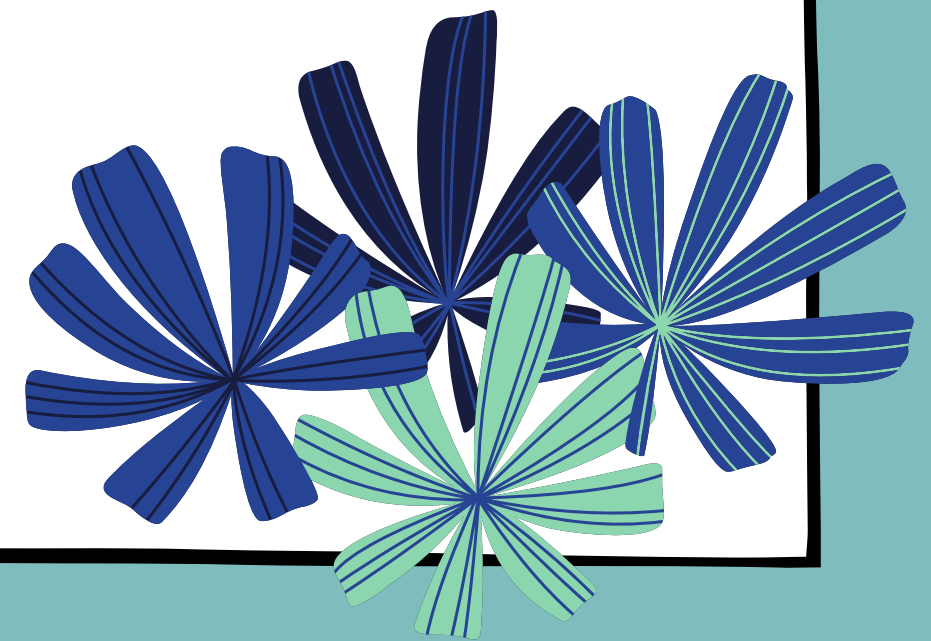
What we hope the children (and you, parents) will take away from your time in the Psalms:

We pray that the children will grow in understanding of who God is and how to be in relationship with Him. We hope they learn how to use the Psalms to aid their prayer life and see how people (Kings and prophets and ordinary people) poured their heart out to God and called upon God's promises to help them and give them strength to love His Word and live in this broken world, while waiting for Jesus to return.



How to Read the Psalms as a family

- Do a short overview of the book of Psalms (look at the author - if any - of the Psalms and the type of psalm)
- Spend time each week reading the Psalm of the week out loud as a family (daily or weekly)
- Reflect and share as a family, using the guide
- Spend some time learning to commit God's Word to memory
- Pray in response to the Psalm



What

The Psalms are a collection of 150 songs, poems and prayers that were individually written and later on compiled into a book called The Psalms.

Who

Most Psalms were written by King David (73). Some by Asaph, The Sons of Korah and many others - some anonymous.

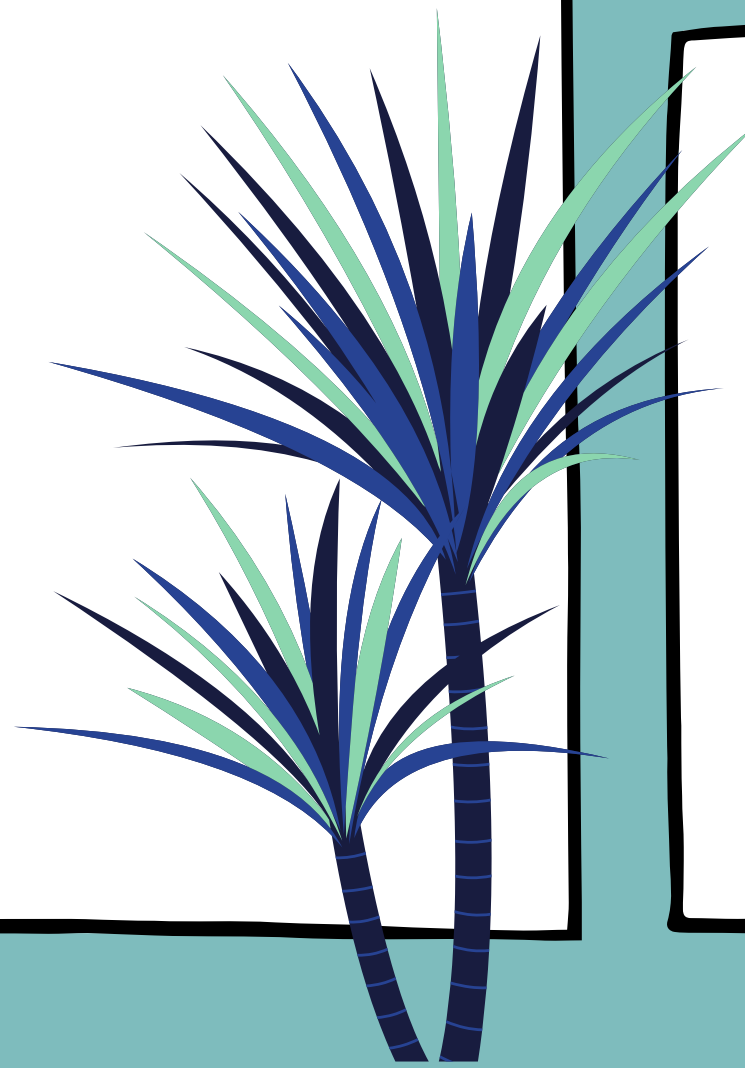
Why

Psalms were written to sing about God's character and goodness. Also, to cry out to God in bad and sad times and to remind people to be faithful to God's Word as they wait for the coming Messianic King.



Types of Psalms

- lament
- thanksgiving
- kingship
- wisdom
- salvation
- ascent
- vengeance



Week 1: Psalm 1
A wisdom Psalm

Week 2: Psalm 19
A Hymn

Week 3: Psalm 23
A thanksgiving Psalm

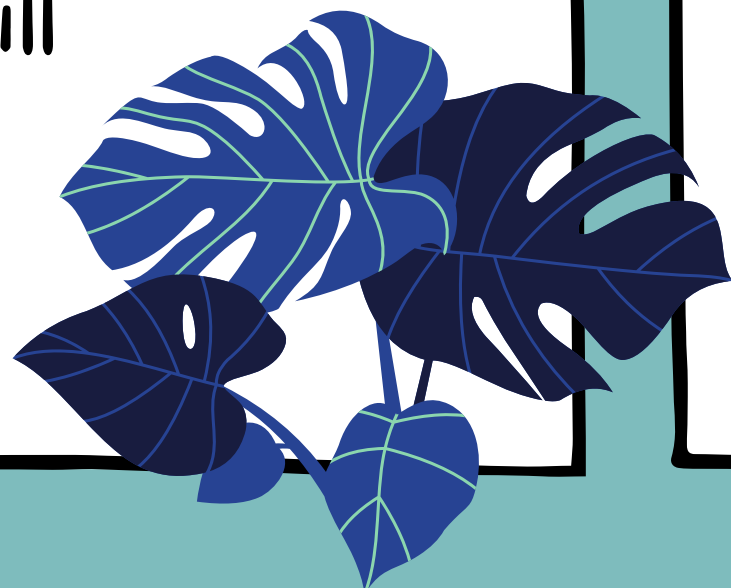
Week 4: Psalm 51
A lament Psalm

Psalm 1

Scripture Memory

Psalm 1:6

For the Lord knows
the way of the
righteous, but the way
of the wicked will
perish.



Reflect & Share

What are the 2 types of ways of life described in this Psalm? Which one is the better choice? Why?

Pray

Ask God to help us see and believe why His way of living is always the best. Even if it doesn't seem like it sometimes.

Psalm 19

Scripture Memory

Psalm 19:1

The heavens declare
the glory of God, and
the sky above proclaims
His handiwork.

Reflect & Share

What in creation reminds you
of God the most?

How do you think about the
Bible compared to Psalm 19?

Pray

Thank God for His glory
revealed in creation! Pray for
a heart that always
treasures God's word.



Psalm 23

Scripture Memory

Psalm 23:1

The Lord is my
shepherd, I lack nothing.
(NIV)



Reflect & Share

What does it mean for God to be your good shepherd? Have you experienced God's comforting presence before (vs 4)?

Pray

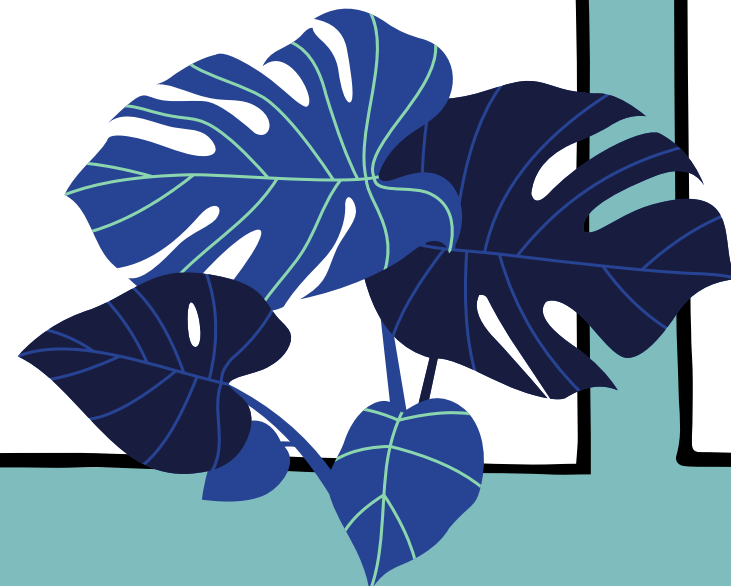
Thank God for His love and care for us His sheep and the promise that we have in verse 6.

Psalm 51

Scripture Memory

Psalm 51:10

Create in me a clean heart, O God, and renew a right spirit within me.



Reflect & Share

Music- 8:45 am

Recess - 9:40 am

Lunch- 12:00 pm

Pray

Math pg. 109-110

Grammar Extra

Practice