

AND IN ANTIOCH THE DISCIPLES WERE FIRST CALLED

# Χριστιανοί

CHRISTIANS.  
ACTS 11:26



## ***Pentecost Sunday***

**English Services & Livestream**

**VOL 12 NO 21**

**23 May 2021**

## ***Order of Service***

Call to Worship

Gloria Patri

Opening Hymn: Holy Spirit Living Breath of God

Scripture Reading: Acts 1:1-11, 2:1-4; 14-21 ESV

Message: Filled To Fulfil

Response Hymn: O Breath of Life

Corporate Life & Prayer

Offering

Benediction

Announcements

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## Welcome

We are pleased to welcome you to worship with us! If you are new to Zion Bishan, do drop us a note on our contact form and our hospitality team will get in touch with you in the coming week.

<http://www.zionbishan.org.sg/rf>

## Our Sunday services at a glance

### In-Person Sunday Services

(Registration required):

[www.zionbishan.org.sg/services](http://www.zionbishan.org.sg/services)

**8.30am** Mandarin/Cantonese service

**9.30am** Tamil/Hokkien service

**10.30am/1.00pm/3.00pm/5.00pm**

English service

**11.30am** Mandarin-English service

### Join us for our livestream

[www.youtube.com/zionbishan](http://www.youtube.com/zionbishan)

**8.30am** Mandarin & Cantonese service

**10.30am** English service

### Join DHF Bible Study Groups

(Registration required):

[www.zionbishan.org.sg/dhf](http://www.zionbishan.org.sg/dhf)

**8.45am** Domestic Helpers Fellowship 1  
(English, Tagalog & Myanmar groups)

**2.30pm** Domestic Helpers Fellowship 2  
(Indonesian group)

**9.15pm** Domestic Helpers Fellowship 3  
(in English)

### Join Children/Youth Discipleship Classes

(Registration required):

[www.zionbishan.org.sg/cd-yd](http://www.zionbishan.org.sg/cd-yd)

### Songs for personal worship and reflection:

[www.zionbishan.org.sg/songs](http://www.zionbishan.org.sg/songs)

## Serving You Today

**Speakers:** Ps Alby Yip (10.30 am & 1 pm),  
Ps Vernon Quek (3 pm & 5 pm)

### 10.30 am

*Service Coordinator:* Dn Tiew Chew Meng

*Worship Leader:* Dn Sunil Peter

*AV:* James Kok, Jac See

*Pianist:* Goh Su-Ling

### 1.00 pm

*Worship Leader:* Ps Zheng Haoren

*Zoom Admin:* Ng Zhi-Wen

*Zoom Link:* <https://us02web.zoom.us/j/7287548423>

*Meeting ID:* 728 754 8423

### 3.00 pm

*Service Coordinator:* Jacqueline Lie

*Worship Leader:* Eld Roland Low

*AV:* Wilson Lee, Darren Lee

*Pianists:* Joy Foo, Benn Tan

### 5.00 pm

*Service Coordinator:* Dn Danny Chua

*Worship Leader:* Dn Danny Chua

*AV:* Ivan Lim, Chiam Da Ren

*Pianist:* Timothy Low

## Pastors and Ministry Staff

Rev Dr Alby Yip, Senior Pastor	9844 9536
Rev Dr Dev Menon, Pastor	9829 6051
Rev Zheng Haoren, Pastor	6353 8081
Rev Ebinezar Mohan, Pastor (Tamil)	8198 9696
Rev Kew See Seong, Pastor (Mand)	9489 4967
Rev Lim Jit Thye, Pastor (Cant-Mand)	9182 6957
Rev Daniel Nge, Pastor (Mand-Eng)	8428 0525
Rev Vernon Quek, Pastor	9796 0196
Mrs Emily Quek, Special Projects	9001 2926
Mrs June Tan, Children's Ministry	8388 1883
Mrs Ruth Quek, Children/Y. Adults	9728 7145
Mrs Sharon Quek, Trg/Mobilisation	9788 0195
Mr Linus Koe, Family/Media	9728 9343
Dn Danny Chua, AG/Safeguarding	9239 4160
Dn Paul Yeo, Hokkien Ministry	9751 1897
Mr Quek Tze-Ming, Assoc Min Staff	9060 8340
Mr Ng Zhi-Wen, Community Engagement	9092 6095
Rev Dr David Wong, <i>Advisory Pastor</i>	
Rev Dr Quek Swee Hwa, <i>Pastor Emeritus</i>	

### Confidential Care & Counselling e-mail:

[care@zionbishan.org.sg](mailto:care@zionbishan.org.sg)

# **Filled To Fulfil**

Acts 1:1-11, 2:1-4; 14-21

## **Introduction**

## **The Promise**

## **The Purpose**

## **The Plan**

## **Conclusion**

### **Discussion Questions:**

1. How would you explain to a non-Christian what it means to be baptised and filled with the Holy Spirit?
2. What are some ways we have taken for granted the Spirit's work in our lives and in the lives of those around us?
3. How does understanding Pentecost and the Spirit give us certainty concerning the Gospel of Jesus and our role in fulfilling God's Plan?
4. What should we pray for in response to understanding the work of the Spirit? For ourselves individually? For the Body of Christ? For the non-believing world around us? Spend some time asking these things from our Father who gave us the Spirit!

## **Filled To Fulfil**

Acts 1:1-11, 2:1-4; 14-21

**Intro: Pentecost and the Promised Spirit...** (Acts 1-11; 2:1-4)

### **1. God's Promise: Even before Acts 1**

- Ezekiel 36:22-37:12: The Spirit of Life
- John 7:37-39 -> Ezekiel 47:1-12: The Temple River of Life

**2. God's Power: The Spirit's Work** (Acts 2:4; 4:8; 4:31; 6:3-5; 7:55; 8:14-19; 9:17; 10:44-47; 11:15-17; 11:22-26; 13:9 etc)

- a) Belief in Jesus
- b) Proclamation of Jesus
  - Signs & Wonders?

### **3. God's Plan: The Spirit's Continued Work in Us**

- Leviticus 23:15-22: The Feast of Weeks -> John 7:38 & Acts 1:8

**Conclusion: We're in the last days... (Acts 2:14-21)**

### **Discussion Questions:**

1. How would you explain to a non-Christian what it means to be baptised and filled with the Holy Spirit?
2. What are some ways we have taken for granted the Spirit's work in our lives and in the lives of those around us?
3. How does understanding Pentecost and the Spirit give us certainty concerning the Gospel of Jesus and our role in fulfilling God's Plan?
4. What should we pray for in response to understanding the work of the Spirit? For ourselves individually? For the Body of Christ? For the non-believing world around us? Spend some time asking these things from our Father who gave us the Spirit!

## *Prayer Points*

### **Our Church**

**ACM** – Pray for our church as we come together on 29 May, albeit virtually, to listen and pray for the plans of our church. Members are reminded that today, 23 May, is the last day to submit your Proxy Form.

**Congregational Shepherding Teams (CSTs)** – Thank God for The Next Lap vision put in place at the start of the year. With the restructured 4 English Services, pray for each CST to be better able to minister to their smaller congregations. Pray for the teams to find ways to effectively keep in touch with every member, and to be able to help those with physical or spiritual needs.

**Ethnic Services** – Keep our Chinese congregations in prayer as many of the elderly will struggle with joining in with church online. Pray also for the Tamil Service to work out their plans too, as they consider how to minister to families and individuals.

### **Our People**

**Project Love Bishan** (see p9) – Thank God for more opportunities to show the love of Christ to our community. Pray for volunteers to step forward to help with the distribution, and for safety when they go out. Pray for the planning team to work out all the necessary details.

**WFH/HBL** – Pray for one another, especially families juggling work while having to help with home-based learning. Pray for strength and grace to

see us through these times when frustrations may arise from multitasking.

### **Our World**

**India** – Praise God for some who have recovered from COVID and an improved local situation reported by Partner H in the Hindi Belt region. He also shares that believers are helping one another and those facing financial difficulties. Partner M also reports that their community of believers had banded together to help a pastor repair his storm-damaged tin roof. Praise God for the spirit of care and help that believers have in the midst of the many difficulties.

We continue to receive many prayer requests for healing from illnesses, especially from COVID, from various partners in India. Pray for God to help strengthen these believers in their times of suffering.

**Myanmar** – The continuing strife in Myanmar threatens civilians in rural areas caught between the local forces and the military (Straits Times, 18 May). Pray for peace to return to this conflict weary nation. Our partner, Pastor J writes these prayer requests for his country: Pray for peace and stability of the country. Pray for health and education of the young people, who are suffering injury and great disruptions to their education. Pray for the families affected by job loss. Pray for wisdom to continue ministering to his church congregation in the midst of the political conflict and COVID restrictions.

## Last Week

Sunday Service	Attendance	Offering (\$)
English Service Livestreams#	477	
English Service 10.30am	44	1,000.00
English Service 1pm	24	
English Service 3pm	46	
English Service 5pm	35	
Mand/Cant Livestream#	92	
Mand/Cant 8.30#	42	2,718.00
ME Service & Zoom	53	
Tamil Service	21	732.00
DHF	19	
<b>TOTAL</b>	<b>853</b>	<b>\$4,450.00</b>

All in-person attendance includes serving personnel

#Livestreaming peak concurrent viewers

Electronic Transfer	52,693.80
<b>WEEKLY TOTAL</b>	<b>\$57,143.80</b>

Weekly offering to meet budget for 2021/22: \$65,298

### ZB COVID-19 Mission Relief Fund

Total Received to-date	\$290,147.17
Giving Received from 10 May to 16 May	\$992.00
Amount Disbursed to-date	\$219,507.69

### Land Lease Renewal Fund

Electronic Transfer	15,248.15
<b>Weekly Total</b>	<b>\$15,248.15</b>
<i>(Weekly Target: \$118,238)</i>	
Total Gift Received To-Date	\$7,483,453.51
Total Interest-free loan collected To-Date	\$3,803,000.00

## Church Family News

1. Ps Alby Yip is preaching at Baptist Fellowship Church this morning.

## Info for Giving

For tithes and offering:

### General & Missions Fund



DBS Current A/C: 070-901056-3

PayNow: T10SS0029GGMF

ZION BISHAN BP CHURCH

### To donate towards the ZB COVID-19 Mission Relief Fund:

(Use GMF information above)

Indicate "CV19 MRF" in remarks

### To give towards the Land Lease Renewal Fund: General Project Fund



DBS Current A/C: 070-901055-5

PayNow: T10SS0029GGPF

ZION BISHAN BP CHURCH – GPF

Indicate "Land Lease Renewal Fund" on back of cheque

(Please provide your CONTACT NUMBER on each cheque

## Looking Ahead

### Friday, 28 May

**8 pm:** Zoom Prayer Meeting  
(Register at [www.zionbishan.org.sg/fpm](http://www.zionbishan.org.sg/fpm))

### Saturday, 29 May

**4 pm:** Annual Congregational Meeting

### Sunday, 30 May

English Services:

(Register at [www.zionbishan.org.sg/english-services](http://www.zionbishan.org.sg/english-services))

#### 10.30 am

*Shepherding Team:* Ps Alby Yip, Eld Foo Say Chiang & Eld Chuah Chin Yew

#### 1.00 pm

*Shepherding Team:* Ps Zheng Haoren, Ng Zhi-Wen, Eld Sonny Tan & Eld David Leong

#### 3.00 pm

*Shepherding Team:* Ps Alby Yip, Ps Vernon Quek, Eld Roland Low & Eld Michael Gan

#### 5.00 pm

*Shepherding Team:* Ps Dev Menon, Eld Jeffery Lim & Eld Reginald Tan

## 2021 Sermon Series: Acts of the Apostles

**30 May** Acts 14:1-28  
Dn Danny Chua & Ng Zhiwen

## June Sermon Series

**6 Jun** **Growing Old / Being Young**  
Ps David & Dn Danny Chua

**13 Jun** **Race & Ethnicity**  
Ps Dev/Ng Zhi-Wen

**20 Jun** **Growing Old / Being Young**  
Dn Danny Chua & Ps David

**27 Jun** **Disability**  
Leow Wen Pin (BGST)

## Your Response

23 May 2021

*Thank you for joining us today!  
If there's anything you would like the church to know, do reach out to us online or via email.*

Get in touch with us:

- If you are joining us for the first time
- to find out more
- to request prayer
- to provide feedback
- to send a word of encouragement

*You may find our response form [www.zionbishan.org.sg/rf](http://www.zionbishan.org.sg/rf)*

*Or email us at [office@zionbishan.org.sg](mailto:office@zionbishan.org.sg)*

*Confidential care & counselling matters, please email [care@zionbishan.org.sg](mailto:care@zionbishan.org.sg)*

*Please note that the church will retain and use your submitted data as needed to process your indicated response.*

THANKS FOR YOUR RESPONSE!

## **Be Still and Know**

I recall what the first Circuit Breaker (CB) was like. The first few weeks were spent either in sullen silence or in frenzy (HBL + WFH!!!). I was losing my sense of time – my normal routine went out the window. And it was awful seeing how pandemic fears and CB restrictions were also afflicting others around me.

So imagine the dread that many have been facing ever since we plunged into Phase 2 (Heightened Alert). Call it a semi-CB or what you will, but do you recall what practices helped you sustain and nurture your walk with the Lord the last time? What simple rituals or activities helped you to ‘keep your centre’, fix your eyes on Him, and thrive?

I remember this one practice that I tried during CB last year.

For twice a week at midday, a small group of us would meet ‘virtually’ on Zoom. We took turns to run a half hour of **contemplation**. Sometimes we would meditate on a painting inspired by a scene from Scripture (e.g. of Jesus calming the storm). Sometimes we would scroll through a short Bible passage at a crawling pace. A word or an image may catch our eye and we’d linger over it. At other times, it’d be a song, a poem, a photograph, or a combination.

We always did it **in silence**.

At the end of that half hour, people would be free to pen a prayer in the chat (we learned from each other’s prayers). And then we’d either leave or stay on for informal fellowship. No obligations.

That was it.

And it helped me... a lot.

It provided some restoration of rhythm to redeem the time.

It was a **chapel in time**, a deliberate moment to pause in the day and listen to the Lord. And I found it life-giving.

You can read more about it here: <https://www.micahsingapore.org/contemplatives>

I heartily recommend it for an Action Group, or just with a few friends. But you don’t have to adopt it wholesale; The key thing is to intentionally establish some spiritual routines in your daily life – both individual and family/community routines. That habit of Quiet Time for example, which I trust you have been practicing since you became a Jesus follower, is now so much more precious.

Many of us have now become cloistered at home, and that not of our choosing. Even in such a time, may we seek Him and find Him in that secret place.

*“Lord, to whom shall we go? You have the words of eternal life.” (John 6:68)*



## ANNOUNCEMENTS

### **Annual Congregational Meeting 2021 29 May, 4.00-6.00pm, Saturday**

Members, are reminded to join in to view the ACM proceedings via livestream. You may retrieve the YouTube link from your ACM notice.

### **Sign Language Class Starts 5 Jun, 10.00-11.30am, Zoom**

Join us, for 8 Saturdays, to learn how to sing with our hands & have simple conversations in Sign.

Register with Esther Kiu (9757 8428) or Dn Timothy Ong (9271 5785) by 2 Jun.

### **Project Love Bishan 40 volunteers needed!**

We are looking for volunteers to help with contactless delivery of essential items to needy households in Bishan and Sin Ming.

A briefing will be conducted virtually via Zoom on 27 May, Thursday.

Please sign up with Dn Timothy Ong (9271 5785) by 25 May.

### **Peer Support Program We have Peer Supporters ready to talk**

Any church member facing depression or anxiety concerning COVID, WFH, or from other matters, please speak with our Peer Supporters. Contact your CST or Dns Siew Choo to find support:

[www.zionbishan.org.sg/psp](http://www.zionbishan.org.sg/psp)

### **Zion Bishan COVID-19 Advisory Phase II - Heightened Alert**

*For latest COVID-19 advisories:*

[www.zionbishan.org.sg/covid-19](http://www.zionbishan.org.sg/covid-19)

► As we reduce to 50pax in-person services, do stay in contact with your Congregation Shepherding Team (CST). **Please ensure you are in at least one WhatsApp chatgroup** with your Congregation or AG. Do approach your CST for any enquiries.

► Livestreaming will be available for all services: [www.youtube.com/zionbishan](http://www.youtube.com/zionbishan)

► Children's Discipleship (CD) will be suspended until further notice. Zoom classes are being planned. Further information and Family Activity sheets will be sent via the CD Telegram Channel - [www.zionbishan.org.sg/cd-telegram](http://www.zionbishan.org.sg/cd-telegram).

If you need help or resources for nurturing faith at home, please contact [linus@zionbishan.org.sg](mailto:linus@zionbishan.org.sg).

► Youth Discipleship (YD) classes will move online. Youth Fellowship (YF) will also move online; details will be updated on [www.instagram.com/zionbishanyf](http://www.instagram.com/zionbishanyf)

► Action Groups will meet virtually. Contact [danny@zionbishan.org.sg](mailto:danny@zionbishan.org.sg) if you require assistance with using Zoom.

► Let us **be united in the Spirit of Christ and in prayer**, for each other, for Zion Bishan and for Singapore and our national leaders for God's wisdom to steer the country back into safer waters.