

The LORD has sought out a man after His own heart.

**For the LORD sees not as man sees:
man looks on the outward appearance, but the
LORD looks on the heart.**

1 Sam 13:14a; 16:7

ENGLISH SERVICES

**VOL 17 NO 36
6 Sep 2026**

Order of Service

Call to Worship

Gloria Patri

Worship in Songs:

AM: Christus Victor; Medley: When I Am Afraid & You Are My Hiding Place

PM: God Is for Us; You Are My Hiding Place; When I Am Afraid; As the Deer

Scripture Reading: 1 Samuel 21:1 - 22:5 (ESV)

Message: From Refugee to Refuge

Response Song:

Let Us Exalt His Name Together (AM); O Lord My Rock and My Redeemer (PM)

Holy Communion:

Jesus, Lover of My Soul (AM); Jesus I My Cross Have Taken (PM)

Corporate Life & Prayer

Offering

Benediction

Announcements

Welcome

We are pleased to welcome you to worship with us! If you are new to Zion Bishan, do drop us a note on our contact form and our hospitality team will get in touch with you in the coming week:

zionbishan.org.sg/rf

Sunday Services at a glance

8.30am Mandarin Service

9.00am Hokkien Service

9.30am Tamil Service

8.30am/10.30am/4.30pm English Service

10.30am Mandarin-English Service

10.45am Cantonese-Mandarin Service

Domestic Helpers Fellowship (DHF)

Bible Study Groups – to join via Zoom, register at zionbishan.org.sg/dhf

8.45am DHF 1A in English/Tagalog, for all nationalities) *In-person in Room 106 & Zoom*

8.45am DHF 2 (in Myanmar language) *In-person in Room 105 & Zoom*

2.30pm DHF 3 (in Bahasa Indonesia) *via Zoom*

8.45pm DHF 1B (in English/Tagalog, for all nationalities) *only upon request, via Zoom*

Children/Youth Discipleship Classes

Register interest: zionbishan.org.sg/cd-yd

Join us on Telegram / WhatsApp

Keep up to date with our latest bulletin and church announcements:

zionbishan.org.sg/broadcasts

Serving You Today

Speakers:

Ps Ng Zhiwen -- 8.30am & 10.30am

Ps Dev Menon -- 4.30pm

8.30am

Service Coordinator: Dn Lim Nan

Worship Leader: Eld Tay Beng Hwee

Vocalist & Musicians: AM Music Team 1

10.30am

Service Coordinator: Dns Seah Li Hwee

Worship Leader: Eld Michael Gan

Vocalist & Musicians: AM Music Team 1

4.30pm

Service Coordinator: Annette Low

Worship Leader: Dn Junaidi Nyoto

Vocalist & Musicians: PM Music Team 1

Pastors and Ministry Staff

Rev Dr Alby Yip, <i>Senior Pastor (1030)</i>	9844 9536
Rev Dr Dev Menon, <i>Pastor (430)</i>	9829 6051
Rev Lim Jit Thye, <i>Pastor (Cant-Mand)</i>	9182 6957
Rev Daniel Nge, <i>Pastor (Mand-Eng)</i>	8428 0525
Rev Vernon Quek, <i>Pastor (1030)</i>	9796 0196
Rev Ng Zhiwen, <i>Pastor (830)</i>	9092 6095
Rev Paul Yeo, <i>Pastor (Mandarin)</i>	9751 1897
Rev Chris Rajendran, <i>Pastor (Tamil)</i>	9446 7416
Rev Danny Chua, <i>Pastor (430)</i>	9239 4160
Preacher Choo Han Boo, <i>(Hokkien)</i>	9450 2789
Mrs Emily Quek, <i>Special Projects</i>	9001 2926
Mrs Sha.ron Quek, <i>Overseas Ministries</i>	9788 0195
Dr Quek Tze-Ming, <i>Ministry Staff</i>	9060 8340
Mrs Jacqueline Ong, <i>Youth Ministry</i>	9322 7629
Mrs Vanessa Khoo, <i>Women's Ministry</i>	9880 4507
Mr Joel Khoo, <i>YAs/Discipleship</i>	9368 9221
Mr Timothy Ong, <i>Missions Education</i>	9271 5785
Ms Elizabeth Hira, <i>Children's Min/DHF</i>	9239 0680
Mrs Debbie Wong, <i>Children's Ministry</i>	8833 1994
Rev Dr David Wong, <i>Advisory Pastor</i>	
Rev Dr Quek Swee Hwa, <i>Pastor Emeritus</i>	

Confidential Care & Counselling:

care@zionbishan.org.sg

From Refugee to Refuge

1 Samuel 21-22

Far from Home?

Refugee (21:1-15)

Flee to Nob

Flee to Gath

Refuge (22:1-5)

Flee to the cave

Flee to Moab

Restless and Ruthless (22:6-19)

Stay with me; Do not be afraid (22:20-23)

Flee to David

Conclusion

Reflection Questions:

1. When you are faced with fear or uncertainty, who do you normally turn to? How do you usually react?
2. Where do you see David acting out of fear rather than faith? How is he a relatable character to you?
3. How is the Lord speaking to you from this study of David and Saul? Where in this scripture text did you “see Christ”?

From Refugee to Refuge

1 Samuel 21-22

Introduction: 10 years. Numerous hiding places. Is this what it means to be God's anointed?

1. Bread, a Sword, and Spit in the Beard (21:1–15)

God provides for, protects and delivers a frightened man.

2. Everyone in Distress, in Debt, and Bitter of Soul (22:1–2)

The hunted man becomes a hiding place.

3. "Do Not Remain in the Stronghold" (22:3–5)

God removes the fortress in order to *be* the fortress.

4. A Tree, a Spear, and No Word from God (22:6–19)

Saul is the king who would not make God his refuge.

5. "Stay With Me; Do Not Be Afraid" (22:20–23)

David becomes a place of safekeeping.

Conclusion: A King who does not merely find a refuge — but becomes one.

Questions for Reflection & Discussion:

1. What do you remember about the passage or the sermon?
2. God gives bread, a sword and an escape to a man who has just lied and panicked. What does that tell us about why God helps us?
3. "Do not remain in the stronghold." What strongholds do we build for ourselves instead of God? Has God ever taken one away from you?
4. Saul had a throne, a tribe and a spear — and no God. What do we reach for when we feel threatened, and how do we know when it has quietly become our refuge?
5. Everyone in distress, in debt and bitter in soul came to the cave — and David took them all. What stops people from coming to Jesus in that condition? Who could you become a place of safety for this month?

Prayer Points

Our Church

Staff Retreat -- Praise God that our Church Staff had a fruitful Staff Retreat on Tues 1st Sep. This began with spiritual reflections on abiding in Jesus and loving one another from John 15, followed by a day of much-needed team-bonding and fellowship together. Thank God for bringing together the 37 members of the Staff Team, and pray that the LORD will continue to grow our Staff Team from strength to strength for His glory.

Teachers' Day — Praise and thank God for all in our church family who do the vital work of teaching God's living Word to the next generation! Pray that the teachers will persevere in faithfully presenting and living out the Gospel, as they journey with the children & youth, alongside their parents. May their work lead to the progress and joy of our faith - to the praise of God's glory!

Tuition Ministry & School

Holidays – Thank God for all our tutors and their journey with the 20 over students for the past 3 terms. Pray for the students to have peace in their hearts, spiritual discernment, and clarity amidst heavy modern pressures. May the Lord also grant lasting friendships to be formed in this outreach ministry.

Our World

Nepal - Last Wednesday's Flooding disaster at the Nepal-Tibet border area has so far resulted in at least 1000 dead and about 4000 missing (2 Sep, The Straits Times). Pray for access to reach affected areas in the current rescue and recovery operations, for the Prithvi Highway to be operational again and for temporary bridges made not to be washed away so that food, shelter and medicine can reach Rasuwa, Nuwakot and Dhading. May aid also be distributed fairly and given with dignity, to everyone in need. May the Lord strengthen the communities affected.

Last Week

Sunday Service	Attendance	Offering
English Service Livestream*	22	
English Service 8.30am	221	\$3,556.55
English Service 10.30am	572	
English Service 4.30pm	262	
Chinese Service livestream*	8	
Chinese Service 8.30am	95	\$1,153.00
Cant/Mand Service 10.45am	80	\$795.00
Mand/English Service 10.30am	57	\$1,060.00
Hokkien Service	64	\$1,285.00
Tamil Service	13	\$584.00
DHF	22	
TOTAL	1416	\$8,433.55

**Livestreaming peak concurrent viewers*

Electronic Transfer \$62,020.82

Weekly Total \$70,454.37

Weekly offering to meet budget for 2026/27: \$91,095

GENERAL PROJECTS FUND

Electronic Transfer	\$5,414.50
Weekly Total	\$5,414.50
Total expenses as of To-date	-\$2,309,234.89
Total General Projects Fund	\$3,968,346.63

Church Family News

- Ps Dev is preaching at Shalom BPC's 45th Anniversary Service this morning.
- Ps Vernon is on Overseas Leave 8 - 11 Sep.

Info for Giving

For tithes and offering:

General & Missions Fund



DBS Current A/C: **070-901056-3**

PayNow: **T10SS0029GGMF**

ZION BISHAN BP CHURCH

To give towards the

General Projects Fund



DBS Current A/C: **070-901055-5**

PayNow: **T10SS0029GGPF**

ZION BISHAN BP CHURCH – GPF

*Please provide your CONTACT
NUMBER on each cheque*

Looking Ahead

Fri, 11 Sep

Prayer Meeting: 8.00pm

Register at zionbishan.org.sg/fpm

Sat, 12 Sep

Youth Fellowship: 4.00pm

Register at zionbishan.org.sg/yf

Sun, 13 Sep

Worship Services:

8.30am, 10.30am & 4.30pm

1 Samuel

13 Sep -- David vs. Saul Pt. 1

Dr Quek Tze-Ming

(8.30 & 10.30am)

Ps Dev Menon (4.30pm)

20 Sep -- David & Abigail

Ps Vernon Quek

(8.30 & 10.30am)

Ps Danny Chua (4.30pm)

27 Sep -- David vs. Saul Pt. 2

Ps Ng Zhiwen

(8.30 & 10.30am)

Ps Dev Menon (4.30pm)

Connect With Us

Thank you for joining us today!

Should you be interested to find out more about Jesus, indicate your response at bit.ly/ZBinterest and we will put someone in touch with you as soon as possible!

God Is Our Refuge and Strength (Psalm 46)

The world just reeled in utter horror on the recent landslide and flash floods that happened in the Tibet/Nepal border. The tragedy was made even more strikingly fearsome owing to the many captured videos that swept buildings, trucks, cars and many more precious human lives away. Many may not even know what killed them.

As we later come to know, many were Christians, in fact, affiliated through our missions efforts. But Christians or not, every of those lives is precious; to their families, and more so in the sight of God. Many questions may be asked in times like these. Equally many theories and explanations may be offered on the topic of suffering.

While some of these may help, personally, I still am convinced that the true and sure source of comfort can only come from the Maker of heaven and earth Himself. I believe Psalm 46 is that window that offer us a glimpse of that.

“God is our refuge and strength, a very present help in trouble. Therefore we will not fear though the earth give way, though the mountains be moved into the heart of the sea, though its waters roar and foam, though the mountains tremble at its swelling.”

God does not promise a storm-free life. The Bible does not hide suffering from us. It tells us that the earth like what we read in the news, can give way. The mountains is literally moved into the heart of the sea. The waters can roar and the mountains tremble. If we think closely about it, most of our lives are as unstable as what happened in Nepal.

Unimaginable things can happen to us without warning. For many people, their health was taken away overnight. Their hearts tremble. Their legs wobble. The family broken apart. Even the bank account has lots of zeros, but no numeral before them.

That is why Psalm 46 is so powerful: it does not deny the disaster. More importantly, it declares God's presence in the middle of it. It reminds us that God is present in the midst of our disaster. God is our refuge and strength, a very present help in trouble.

It is a reminder and assurance that God is a refuge, especially, when human strength is not enough. That is why Psalm 46 ends with these very comforting statements: "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth."

In the chaos of disaster news, God calls His people to quiet trust. Not because the pain is small, but because He is greater than the pain. Life may bring many reminders of frailty, but it also brings the deepening hope that our times are in God's hands. The Lord who has carried us through the past will carry us still.

Let us remember that the God who calmed the storm is still our refuge. And let us hold on to this promise: when the waters rise, God is still present; when hearts break, God is still faithful; when life feels uncertain, God is still in control.

Announcements

Enabling Ministry

Walking Alongside: Understanding & Supporting our Adult Autistic Children

13 Sep (Sun) 1pm

An engagement for parents, caregivers, and church members to share challenges and shape how our church community is able to support Adult Autistic Individuals better.

All are Welcome. Parents and caregivers of children with autism are encouraged to attend as well.

Sign up by **11 Sep:**

<https://shorturl.at/7zKVm>

Christianity Explored (CE)

Seven Wednesdays beginning 23 Sep
7.30-9.30pm at ZBLiving Room Café

Join us for this informal course that seeks to help people understand who Jesus is through Mark's Gospel, an eyewitness account of the life of Jesus. Invite your friends to come with you and see why Jesus is the best news that one can ever receive. Dinner will be provided.

Register at bit.ly/CEzionbishan or contact **Timothy** (timothy@zionbishan.org.sg) for any enquiries.

Infant/Child Baptism

20 Dec 2026

Interested parents, please register at:
<http://tinyurl.com/zbinfantbaptism>

Mandarin Mid-Autumn Outreach: The Light that Leads Us Home

Our Chinese services are organising a mid-autumn outreach with a theme on returning to the true path leading towards the eternal home prepared by Jesus.

Programme includes Guzheng performances, children's and adult choir items. Dinner will be provided after the service.

This is a season for reunion — do invite Mandarin speaking family and friends, to bless them with the opportunity to know our Redeemer, Jesus Christ.

26 Sep (Sat) 4pm

Main Sanctuary

Speaker: Rev. Yong Teck Meng from Reformed Evangelical Church

To register, whatsapp **Dn Darren Tan** (**9667 4909**) or via

<https://forms.gle/RUYHNEfSJEsrwumC>